



Led walk around Sandall Park

Every Tuesday 9.30am - 11.30am

The walk will begin in the car park, near to the cafe just off Thorne Road, DN2 5DZ.

The route is **1.2 miles** and takes **60 minutes**.



A gentle walk around the paths of Sandall Park. This walk takes place on well maintained footpaths within the park, the pathway around the lake and up towards the play area is on an incline, however the route is suitable for wheelchairs and mobility aids. There are several benches and seating areas around the route and there will be the opportunity for rest stops around the route.

All abilities and fitness levels are welcome.

After the walk, join us for a free cuppa and chat in the cafe!



Book your FREE session or find out more by scanning the QR code, clicking the link to our webpage or contacting us!
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